brew Culture and Craftsmanship in the Belgian Tradition Itea MONK

Trappist, Abbey, and Strong Belgian Ales and How to Brew Them

Brew Like a Monk delves into monastic brewing, exploring this rich-flavored specialty of the beer world through detailed visits to the modern producers in both America and Belgium. Along the way, Stan Hieronymus examines methods for brewing these unique ales suited for both commercial and amateur brewers ready to try their hand at these tasty treats.

"Like a favorite uncle passing down family tales and beloved recipes, Stan Hieronymus blends humor, a reporter's eye and a vast knowledge (his own and others') of brewing and Belgian beers into a tasty concoction that is not only informative, but also entertaining."

Lisa Morrison, 2004 Brewers Association
 Beer Journalism Award recipient

"With Brew Like A Monk, Stan Hieronymus takes an engaging snapshot, capturing the present tense in the rich heritage of monastic brewing. The revealing details do not detract from the artistic side of brewing, but, instead, serve to increase the sense of wonder regarding these elegant beers."

-Randy Thiel, Brewmaster, Brewery Ommegang

About the Author

Stan Hieronymus is one of America's leading writers on beer and brewing. In 2004 he was given the inaugural Brewers Association Beer Journalism Award in Trade Media and he is also the 1999 recipient of the Beer Writer of the Year award. He resides in Corrales, NM with his wife Daria Labinsky and daughter, Sierra.